

MY CAREER & PERSONAL DEVELOPMENT



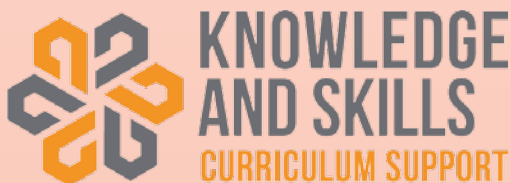
My Career and Personal Development is a Key Stage 3 curriculum solution to meet the challenges of:

- Embedding Careers Education and Personal Development in the KS3 Curriculum
- Effectively supporting and managing transition processes at KS3
- Preventative NEET strategies and proactively engaging with vulnerable learners
- Promoting inclusion and increasing learner progression and performance

My Career and Personal Development is a comprehensive programme for KS3 learners. It will provide schools with curriculum solutions for Careers Education, Information, Advice and Guidance and Personal, Social and Health Education, Citizenship and financial capability. All activities are mapped to the Key Stage 3 Framework for Careers and Work-related Education (2012) issued by the Association of Careers Education and Guidance (ACEG).

We are specialists in Careers Education, Enterprise and Employability Skills development.

Find out why schools have described our resources as **“invaluable”, “inspiring”** and **“just what I needed”**.



Career North
Your Career Starts Here

“The ‘My Career and Personal Development’ package has proved invaluable to the team of teachers teaching PSHE, Citizenship and Careers. It has loads of excellent resources that can be used and adapted for a huge range of lessons, saving you hours of planning time. The students and teachers love the interactive, participative nature of the material, making their lessons interesting, challenging and fun.”

(Helen Everett, Chislehurst and Sidcup Grammar)



To purchase or for further information please contact us at:
hello@knowledgeandskills.co.uk or **info@careernorth.co.uk**



WHATS INSIDE?

My Career and Personal Development is delivered as a locked USB stick which can be used with a whiteboard or to print out pages.

The pack includes:

- **25 lesson plans and all the resources required.**

Each topic includes full instructions; a range of multi-sensory, fun activities; differentiated learning goals and reflective questions designed to generate discussion and build confidence.

- **All activities can be delivered by teachers or tutors with minimal preparation.**
- **All activities are structured to comply with recommendations from Ofsted about what constitutes quality teaching and lesson planning.**
- **Around 70% of the activities are designed to encourage collaboration and teamwork.**
- **All activities comply with best practice on Assessment For and Of Learning¹ which helps to engage all learners.**

¹AfL is the process of seeking and interpreting evidence for use by students and their teachers to decide where the students are in their learning, where they need to go and how to get there (Rowe 2007)

TOPICS

Part 1: Self development

1. Who am I?

Your interests and achievements

2. What kind of person am I?

Understand your personal values

3. What's my story?

Tell your own story in a positive way

4. My bright future!

Visualise a positive future for yourself

5. Mirror mirror:

Understand how you learn best

6. Who's my idol?

Who you admire and why

Part 2: Finding out about careers and the world of work

7. My dream job:

Understand how your values affect your career choices

8. What's my motivation?

How to achieve job satisfaction

9. Minding my own business:

Explore how businesses work

10. My role:

Understand common job roles

11. Find me a job!

Using Labour Market Information (LMI) effectively

Part 3: Developing skills for career wellbeing and employability

12. Don't judge me:

Identify and recognise discrimination

13. I can do it!

Understand how stereotyping can affect your job choices

14. Be safe:

Why personal safety matters

15. Legal eagles:

The law at work and how it affects you

16. Help me!

Use your networks to find information about careers

17. Too much information!

Understand and use LMI in your career search

18. What everybody wants:

Understand skills for work

19. Super skill me!

Develop useful skills for work

20. Reach for the stars:

Understand enterprise skills

21. Flash the cash:

Understand how to work with a budget

22. It's my choice:

Make informed choices

23. Decisions, decisions:

Make effective decisions

24. Interview me!

Make a good first impression

25. Change happens:

Plan for positive change in the future

Download your free sample topic from
www.knowledgeandskills.co.uk or www.careernorth.co.uk



For Key Stage 4 ask us about our highly successful "My Career Development" Programme, you can get either programme separately or as a set for a reduced price.